

# Recommended Reading for those Grieving

(available for checkout at ECC Library)

Alcorn, Randy *Heaven*. 2004, Tyndale Momentum.

Call number: 236.24 Alc

What will heaven be like? Randy Alcorn presents a thoroughly biblical answer, based on years of careful study, presented in an engaging, reader-friendly style. His conclusions will surprise readers and stretch their thinking about this important subject. *Heaven* will inspire readers to long for heaven while they're living on earth and ring comfort to those in grief.

Victor Lee Austin, *Losing Susan: Brain Disease, the Priest's Wife, and the God Who Gives and Takes Away*, 2016, Brazos Press. Call Number: 248.8 Aus

In this personal story of love and loss, the author shares how caring for his wife during her painful struggle with brain cancer and its aftereffects brought him face-to-face with his God and with his faith in unsettling ways.

Billy Graham, *Nearing Home: Life, Faith, and Finishing Well*, 2011, Thomas Nelson.

Call Number: 248.8 Gra

Billy Graham speaks to all on this side of Heaven as he covers the importance of four key areas: building strong foundations and understanding the gift of years; facing life's transitions, including the passing of years, retirement, and when loved ones die, understanding our glorious hope.

Graham, Billy. *Where I am*, 2015, Thomas Nelson

Call number: 922 Gra

Just after his ninety-fifth birthday, Mr. Graham proclaimed with resolve, "When I die, tell others that I've gone to my Lord and Savior Jesus Christ—that's where I am." In *Where I Am*, Mr. Graham shares what the Bible has to say about eternity from all of its sixty-six books; messages of truth, warning, love, and the certainty of the future.

Hodge, Samuel and Leonard, Kathy, *Grieving With Hope*, 2011, Baker Books

Call number: 248.8 Hod

Practical and straightforward, yet warm and compassionate, *Grieving with Hope* clarifies the popular misconception that people move through stages of grief. This book is packed with short, biblically based, gospel-centered, topical chapters which will guide the reader towards hope and healing as they journey through grief. Recommended by Griefshare.

Lewis, C.S. *A Grief Observed*, 2001, Harper

Call number: 242.4 Lew

A classic work on grief, *A Grief Observed* is C.S. Lewis's honest reflection on the fundamental issues of life, death, and faith in the midst of loss. Written after his wife's tragic death as a way of surviving the "mad midnight moments," *A Grief Observed* an unflinchingly truthful account of how loss can lead even a stalwart believer to lose all sense of meaning in the universe, and the inspirational tale of how he can possibly regain his bearings.

Martin, Albert N. *Grieving, Hope and Solace - When A Loved One Dies In Christ*, 2011, Cruciform Press

Call number: 248.4 Mar

This book, written by a pastor after the death of his wife, is a tender blending of memoir and theology, a joining of heart and mind, a sober yet joyful consideration of Scripture in the face of one of life's deepest and most grievous trials.

Smith, Ivan Harold, *A Decembered Grief*, 2011, Beacon Hill Press

Call number: 248.8 Smi

Grief can be overwhelming, and it is especially intense during the holidays. While the world seems to be moving forward and celebrating life, grievors face a season of darkness and loss. Smith guides the reader beyond the darkness with illustrations and insights that emphasize God's ability to transform the holidays into a time of grace and healing.

Sproul, R.C. *Surprised by Suffering: The Role of Pain and Death in the Christian Life*, 2009, Reformation Trust Publishing

Call number: 236.1 Spr

Dr. Sproul offers solid biblical counsel and comfort for those undergoing suffering and for those who minister to the suffering, counsel that helps believers stand in times of trial with faith in a God who is both loving and good.

Trent, Tammy, *Learning to Breathe Again*, 2006, W. Publishing Group

Call number: 248.86 Tre

Follow Christian singer/songwriter Tammy Trent as she tells of her love story turned tragic, still pointing to God as the source of all life and hope. Her husband, Trent, was Tammy's best friend and business manager. While vacationing in Jamaica in 2001, a routine free diving excursion in the Blue Lagoon turned drastically tragic when Trent never resurfaced. Tearful prayers pleading with God to make Himself real have been answered, and God is slowly restoring Tammy's joy and hope, as she begins to sing and dance again for Him.

Williford, Tricia Lott, *And Life Comes Back A Wife's Story of Love, Loss, and Hope Reclaimed*, 2014, Waterbrook

Call number: 248.86 Wil

Tricia Lott Williford's life fell apart when her thirty-five-year-old husband died unexpectedly. In *And Life Comes Back*, she pens her journey as a widow with two young boys in the agonizing days and months that followed his death. This guide to finding new life after loss offers no easy answers or simple spiritual maxims but instead draws you into your own story and the hope that waits for you.

Wright, H. Norman, *Recovering from Losses in Life*, 2006, Fleming H. Revell.

Call Number: 248.8 Wri

Writing from his own experience, Wright, a Christian counselor and trauma specialist, covers such issues as the meaning of grief, blaming God, and learning how to express and share your grief with others in times of loss.

Wright, H. Norman, *Experiencing Grief*, 2004, Broadman & Holman Publishers

Call number: 248.86 Wri

At one time or another, we will all find ourselves facing a dark journey—the passage through grief. *Experiencing Grief* is written for a person who is in the wake of despair grief leaves. This brief but powerful book will help lead readers out of their grief experience through five stages of grief. At the end of the journey is peace and a seasoned, more mature faith.

Zonnebelt-Smeenge, Susan and De Vries, Robert, *Getting to the Other Side of Grief, Overcoming the Loss of a Spouse*. 2019, Baker Books.

Call number: 248.86 Zon

One a clinical psychologist, the other a pastor and professor, both suffered the loss of a spouse at a relatively young age. Their empathy, valuable psychological insights, biblical observations, and male and female perspectives will help you experience your grief in the healthiest and most complete way so that you can move forward to embrace the new life that is waiting for you on the other side.